

Total Forgiveness
“Steps to Total Forgiveness”
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Ephesians 4:29-32
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I. Understand the Starting Point (vs. 29)

- A. You let out what you let in. (Luke 6:45; Proverbs 15:23; Colossians 4:6)
- B. You choose to build up instead of tearing down. (1 Thessalonians 5:11)
- C. You allow your witness to prevail.

II. Utilize the Spirit's Power (vs. 30)

- A. Recognize the Spirit's Role
- B. Realize What Grieves the Spirit (Isaiah 63:10)
- C. Remember How You Are Sealed (1 John 3:2-3)

III. Unemploy the Secular Six (vs. 31)

- A. Bitterness (Hebrews 12:15)
- B. Rage (Romans 2:8)
- C. Anger (1 Timothy 2:8)
- D. Brawling
- E. Slander (Colossians 3:8; Titus 3:2)
- F. Malice (Mark 7:20-22)

IV. Use the Sacred Three (vs. 32)

- A. Be Kind (Colossians 3:12; Ephesians 2:7)
- B. Be Compassionate (1 Peter 3:8)
- C. Be Forgiveness (Colossians 3:13)

Application:

- What is God saying to you as a result of this study on Total Forgiveness?
- Do you need to “unemploy” the secular six in your life?
- How can you live out the sacred three better in your life?