

40 Days of Prayer

“The Pattern of Prayer” (Part 1)

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Matthew 6:9-13

May 11, 2025

- I. I Remember How Much God Loves Me (vs. 9a)**
 - A. Prayer of connection
 - B. Prayer does not start with what I need
 - C. Prayer always starts with who God is (Ephesians 3:16-19)

- II. I Tell God How Much I Love Him (vs. 9b)**
 - A. Prayer of refocusing
 - B. The names of God tell us who He is (Psalm 107:8-9)

- III. I Offer My Life to be Used for God’s Purposes (vs.10a)**
 - A. Prayer of cooperation (Jeremiah 29:11)
 - B. I lean into God’s plan no matter what (Romans 8:28)
 - C. I live for God’s purpose daily (Romans 12:1 MSG)

- IV. I Give God My Pain and Sorrow (vs. 10b; 1 Peter 5:7)**
 - A. Prayer of surrender
 - B. God wants to comfort you in your life (Mark 14:36)
 - C. Jesus modeled this prayer

- V. I Trust God to Meet My Needs (vs. 11)**
 - A. Prayer of dependence (Philippians 4:19)
 - B. Jesus teaches us to ask for daily bread (Matthew 6:34)
 - C. Mention your needs to God

Application:

- Why do you think Jesus taught us to praise God and surrender to God before we make our requests to God?
- We mentioned the names of God: Creator, Father, Savior, Shepherd, Shield, Counselor, Comforter, and Friend. Which name reminds you have God’s presence in your life in your current circumstances?
- How has God provided you daily bread?